



2024 Exercise Across Abbott T-shirt Sizing (Unisex)

Use the below to help decide your size and tell your Team Captain your preference. If you are between sizes, choose one size up for looser fit or one down for a more snug fit. Team Captains order and distribute t-shirts for their team.

Finished Measurements								
	S	M	L	XL	2XL	3XL	4XL	5XL
Body Length	28	29	30	31	32	33	34	35
Body Length Tolerance	1	1	1	1	1	1	1	1
Chest Tolerance	1	1	1	1	1	1	1	1
Chest Width (Laid Flat)	18	20	22	24	26	28	30	32
Sleeve Length	7 1/2	8	8 1/2	9	9 1/2	9 1/2	10	10 1/2
Sleeve Tolerance	1/2	1/2	1/2	1/2	1/2	1/2	1/2	1/2

Measurements In Inches

Chest Width (Laid Flat): Measured across the chest one inch below armhole when laid flat.

Body Length: Measured from high point of shoulder to finished hem at back.

Sleeve Length: Start at center and measure down shoulder, down sleeve to hem.

Material: Made from 50/50 ring-spun cotton/polyester fabric. 4.5 oz./yd